2018 Childhood Weight Assessment and Counseling HEDIS Tip Sheet

Measure:
The percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following three items completed during the measurement year.

1. **BMI percentile documentation**. Height, weight and BMI percentile must come from the same data source in the same measurement year (A BMI value is NOT valid. **A percentile must be reported.)**
2. Counseling for nutrition must include EVIDENCE for one of the following: discussion of eating habits, referral for nutrition education, educational materials given to patient, or checklist indication for addressing nutrition.
3. Counseling for physical activity must include EVIDENCE for one of the following: discussion of current physical activity behaviors, counseling or referral for physical activity, educational materials given to patient, checklist indication for addressing physical activity.

Use proper coding. You will receive the highest quality score if you document BMI percentile and counseling for nutrition and physical activity accurately in the medical record and on a claim.

BMI Percentile	Billing Coding
BMI Pediatric <5%	Z68.51
BMI Pediatric 5% - <85%	Z68.52
BMI Pediatric 85% - <95%	Z68.53
BMI Pediatric >=95%	Z68.54

Coding for Nutrition Counseling Codes	Coding for Physical Activity Counseling
ICD 10: Z71.3	ICD 10: Z71.82 Z02.5*
CPT: 97802, 97803 or 97804	CPT: NONE
HCPCS: G0447, G0270, G0271, S9449, S9452, S9470	HCPCS: G0447 S9451

Note: Z02.5 can only be used during a sports physical. Use of this code will satisfy the physical activity metric through a claim.

BMI percentile, nutritional counseling and physical activity counseling can be done through claims with proper coding, supplemental data exchange or through entry into a health plan portal.

Three Tips to improving this measure:
1. Use templates in the EMR that allow check boxes for standard counseling activities.
2. Include the rest of the CARE TEAM in the care. Staff can distribute health education information under standing orders.
3. Train your care team to use correct diagnosis and procedure codes.