

## DID YOU KNOW?

*This practice offers*

# care management services

A **care manager** is a member of our staff who works with your doctor, other health professionals and you to manage and improve your health.

### Our care manager can:

- Help you better understand and manage health conditions like diabetes, high blood pressure, congestive heart failure and more
- Give tips on managing your weight
- Coordinate your care with other doctors
- Find services you need to stay healthy, like rides to doctor appointments, a safe place to live, medication assistance, help at home, food pantries, child or elder care and much more!

**Ask about our care management services today!**

This health alert is brought to you by:

