

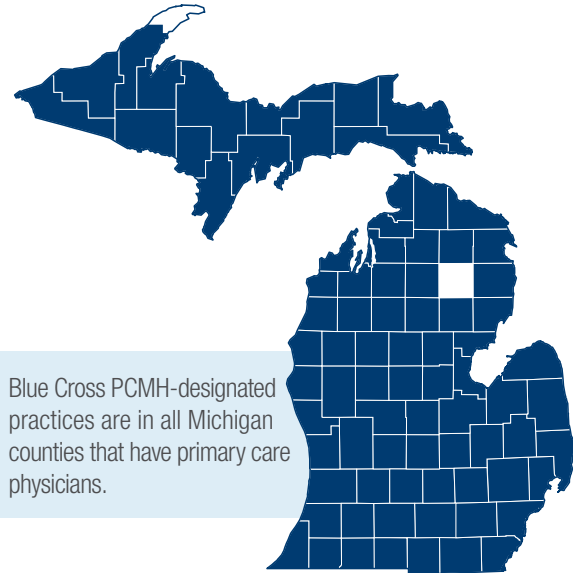
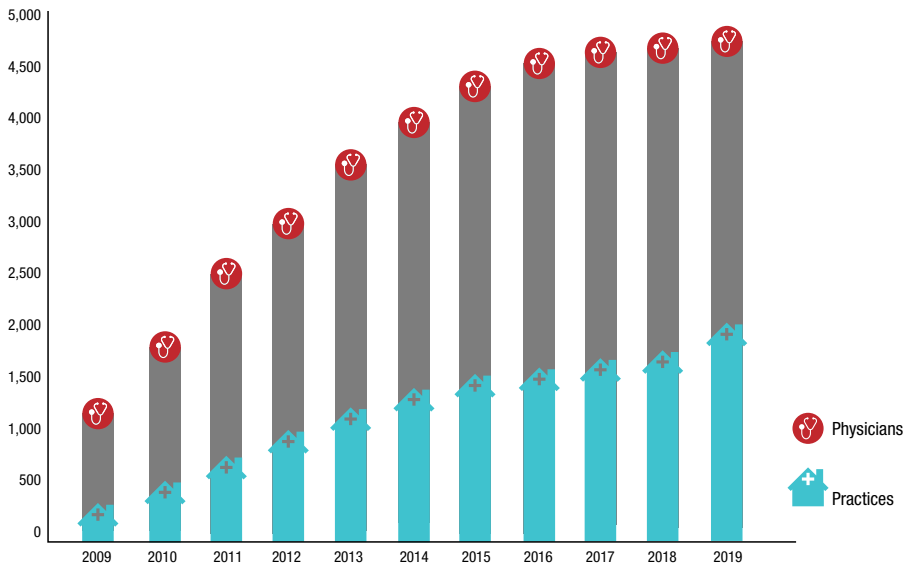
# 2019 PCMH Fast Facts



## What is a patient-centered medical home?

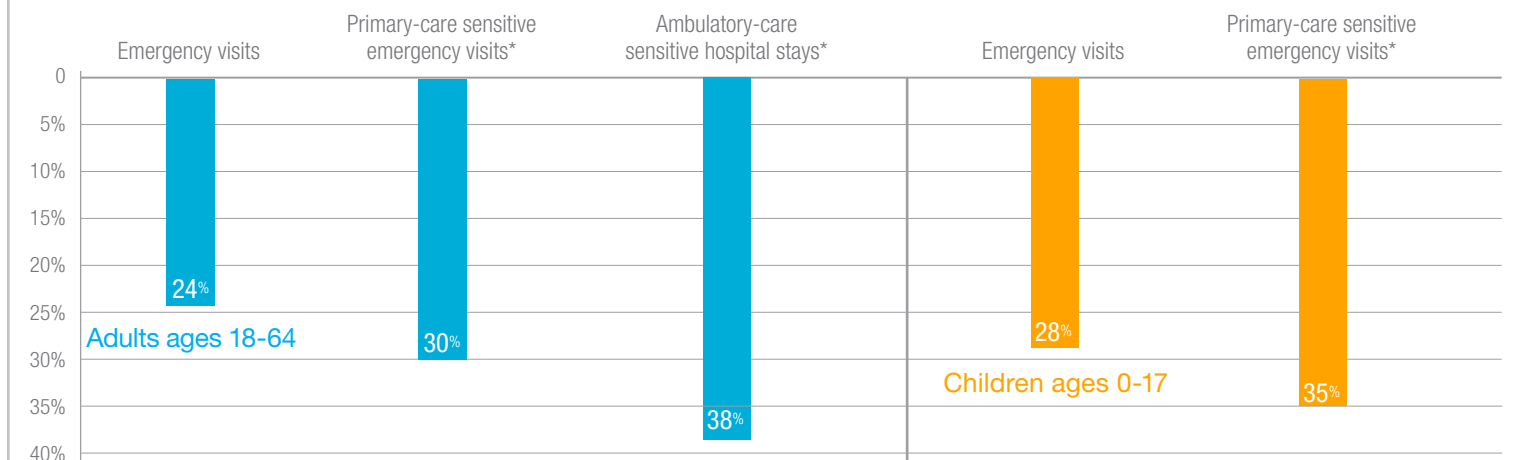
A team of health care professionals, led by a primary care physician, works with patients to help them reach their personal health goals and ultimately improve their overall health. A PCMH practice monitors patients' health between office visits, tracks test results and coordinates care between doctors and health care settings. This helps to keep patients healthy, and keeps chronic conditions under control.

There are more than **1,730 practices** with **roughly 4,700 physicians** in Michigan today.



## Patients of Blue Cross PCMH practices are less likely to visit the ER or be hospitalized than patients of nondesignated practices.

### Blue Cross PCMH-designated practices compared to nondesignated practices



\*Primary-care sensitive emergency visits — Conditions where there is a likelihood that ER visits can be avoided with timely primary care.  
 \*Ambulatory-care sensitive hospital stays — Conditions where appropriate ambulatory care prevents or reduces the need for a hospital admission.

## Blue Cross PCMH patients also report higher-quality care, more preventive care and reduced costs.

- 37%** higher rate of well-child visits at the appropriate age marks
- 97%** higher rate of weight assessment counseling with BMI
- 59%** higher rate of colorectal cancer screening
- 35%** higher rate of breast cancer screening

The PCMH model has resulted in **\$626 million** in avoided costs over nine years.



Blue Cross Blue Shield of Michigan

Total Care

