



Before you leave...

This checklist will help us manage your health.

- Please let us know if you have had any tests**, such as a mammogram, colonoscopy or eye exam, new medical diagnoses, surgery, procedures or other updates to your health since your last visit.
- Call our office before going to the emergency department** (unless you are experiencing a life threatening medical emergency). Our after-hours phone system can direct you to appropriate care, including an urgent care center that works with our practice.
- Ask your doctor about important health checks:** blood pressure, cholesterol, cervical and colorectal cancer screenings, mammogram.
- Do you need a **referral to a specialist?**
- Do you need a **prescription refill?**
- Schedule your annual wellness visit and/or follow-up visit**, immunizations/vaccines and screenings at checkout.

When you have an appointment with a specialist (cardiologist, gynecologist, eye doctor, etc.) or visit an urgent care center or emergency room, please make sure to identify your primary care doctor at registration so we receive your information to update our medical record.

This helps us coordinate the best care for you!

This health alert is brought to you by:



The information listed here is not intended as medical advice. Talk to your doctor about any health concerns. The Physician Alliance takes no responsibility for patient actions or outcomes.